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PAGE 24

HALIFAX

# metro

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Monday, April 16, 2012



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# Victims commemorated



Leading air cadet Sharon Spears-Mandeville, 13, pauses after placing a rose on a grave at a memorial service on Sunday at the Fairview Lawn Cemetery to commemorate the 100th anniversary of the sinking of Titanic. More coverage, see page 3. RYAN TAPLIN/METRO

**Memorial.** Hundreds pay respects to Titanic victims buried in Halifax on 100th anniversary of ship's sinking

Sandra Gregory stood amongst the hundreds gathered inside the Fairview Lawn Cemetery on a warm Sunday afternoon.

The Halifax woman was there, like the others, to commemorate the 100th anniversary of sinking of the Titanic and the close tie the tragedy has to this city.

"It's our responsibility to commemorate this tragedy," she said in an interview. "If we don't, who will? We laid to rest many of these souls, we have to commemorate their lives."

The sun shined down on the service as children stood at the site holding roses they would later place on the graves of 121 victims lost when the Titanic sank on April 15, 1912.

"We remember those who rest in our midst and all of the Titanic's tragic victims," George Jordan, host of the interfaith service, told those gathered. "The victims are people from all walks of life, of many nationalities and many religions."

Musical guests in the hour-long ceremony included Louis Benoit, Zara Young Women's Choir and Pipe Sgt. Brian Mor-

**The buried**

## 150

The number of Titanic passengers and crew buried in three Halifax cemeteries, with 42 victims never identified.

rison. Songs carried the theme of remembrance and hope.

There were also several dignitaries on hand, including Lt.-Gov. John James Grant and Defence Minister Peter MacKay, along with sea and air cadets and RCMP representation.

"Over the decade the Titanic has symbolized many things," MacKay told the crowd. "For some, it symbolizes human courage and sacrifice. It touched the lives of so many here in this province. No Canadian province was more affected than Nova Scotia, no city more so than Halifax. We continue to have a strong connection to the Titanic disaster. Headstones here are a stark reminder for those who lost their lives, forever linking the city with the tragedy."

Halifax's Barbara Mclean took time after the service to walk alongside the graves with her husband. She wasn't alone.

"It is important, so they are never forgotten," Mclean said. "There are so many things we've learned from the Titanic going down."

DREW CASFORD/FOR METRO



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Targeted

## 2 injured in barbershop shooting

Two men — one targeted and the other a bystander — were shot at a Halifax barbershop Saturday afternoon.

Halifax Regional Police say just after 1 p.m., shots rang out at the Fade-masters Barbershop at 14 Titus St. When police arrived they found a 41-year-old man with a gunshot wound to his leg. Police believe this man was not the intended target.

Witnesses inside the barbershop at the time and people at neighbouring businesses told police they heard three or four shots then saw two black men and a black woman running from the shop followed by another black man.

They reportedly left in a silver car.

"To the best of my knowledge, there was only one person shooting," said police spokesman Staff Sgt. Reid McCoombs.

About a half hour later, police stopped a silver car on Alderney Drive in Dartmouth and three people were taken into custody for questioning.

But McCoombs said the three people were released shortly after and police don't believe they were involved.

The real target of Saturday's shooting arrived at the hospital at 3:17 p.m., about two hours after the shooting, with a gunshot wound to "an extremity," McCoombs said.

Besides the two men, no one else was injured in the shooting.

JENNIFER TAPLIN/METRO

On the motive

**"No indication of where that's leading yet, that's still under investigation."**

Halifax Regional Police Staff Sgt. Reid McCoombs said about a possible motive, which is something investigators are still trying to piece together.



A horse-drawn carriage carries a period-style casket followed by pall bearers through the streets of downtown Halifax to mark the 100th anniversary of the sinking of RMS Titanic on Saturday night. ANDREW VAUGHAN/THE CANADIAN PRESS

# Remembering the 'City of Sorrow'

**Remembrance.** Halifax the final resting place for 150 of the victims

A silence that fell over Halifax early Sunday was broken by the peal of a church bell as the city marked the centennial of the Titanic's sinking with songs and stories tinged with sorrow.

At a downtown public square, a throng of people gathered to remember the disaster and the city's grim connection to it.

"You only really have to be here to realize how tragic and terrible it was," said Thomas Hodgson, a lawyer who trav-

Tragedy

**"The human tragedy is something that everybody can relate to."**

Marie Malay, a 61-year-old from Sheet Harbour

elled from Sydney, Australia, to take part in the commemoration.

"It affects the whole world like 9-11 affects the whole world."

Earlier in the night, a funeral carriage pulled by two draught horses led a candlelight procession from the waterfront outside the Maritime Museum of the Atlantic through downtown streets.

The skirl of bagpipes filled

the cool evening air as a line of people, some of whom were wearing period costumes, followed the hearse.

At the Grand Parade, bands played dirges and songs of revelry as actor Gordon Pinsent told the ill-fated ship's story.

"People marvelled, not just on hearing of the Titanic's sheer size, but on learning of her grand opulence," said Pinsent, who wore a white scarf and black tuxedo.

"She was a sight to behold — massive and majestic, shiny and sleek — everyone wanted to be part of her maiden voyage to America."

Some 1,500 passengers and crew members died on April 15, 1912, when the Titanic collided with an iceberg and sank. There were just over 700 survivors.

"By now, Halifax ... had become the focus of the world's attention," Pinsent said.

"In stark contrast to the 10,000 people who waited on the docks in New York for the Carpathia to arrive, there were no relieved crowds waiting on shore. Just a city in mourning, the City of Sorrow."

THE CANADIAN PRESS

## Site of sinking. Prayers mark 100th anniversary of ship disaster

With prayers, a hymn and a moment of silence broken by a ship's deep whistle, passengers and crew on a memorial trip marked 100 years to the moment since the Titanic sent more than 1,500 people to a watery grave.

In the North Atlantic, passengers lined the decks of the

MS Balmoral, a cruise ship that has been retracing the route of the doomed voyage, as the ship stopped early Sunday at the spot where the Titanic went down in the early hours of April 15, 1912.

After a short service and a moment of silence, three floral wreaths were cast onto

the waves as the ship's whistle sounded in the dark.

"All you could hear was the swell splashing against the side of the ship. You could see the white breakers stretching out to sea," Jane Allen from southwest England, whose great-uncle perished on the Titanic, told the BBC. THE ASSOCIATED PRESS



Passengers participate in a memorial service aboard the MS Balmoral Titanic memorial cruise ship early Sunday. LEFERIS PITARAKIS/THE ASSOCIATED PRESS

# 1 NEWS

On the web

## Super-fan suits up for playoffs

Canucks super-fan Towel Power Man Dave Preece can hardly walk down the street wearing his snazzy new suit jacket without someone stopping to take a picture of him. Watch Towel Power Man in action at metronews.ca

## May the odd be ever in your favour

The Hunger Games has been dominating the box office for weeks, so it's no surprise parodies of the blockbuster film are popping up all over YouTube. Check out The Hipster Games at metronews.ca

Mobile news



The terror trial of a man who confessed to killing 77 people in Norway starts Monday amid worries he will use the proceedings to showcase his radical views. Scan the code for the story.



# Confirmed: The Boss to play concert in Moncton

**Wrecking Ball World Tour.** The Aug. 26 show is expected to mean big business for one Nova Scotia town

Business owners in Amherst are beaming at news the 'Boss' is playing Moncton.

Officials with the City of Moncton confirmed Friday that Bruce Springsteen will play Magnetic Hill on Sun. Aug. 26, ending several months of rumours and speculation that the E Street Band frontman would add the city to his 2012 Wrecking Ball World Tour.

Springsteen is launching the tour in Boston on Aug. 18. The Moncton concert will be the tour's third show.

Based on the experience from previous concerts, Keith Mackintosh, who operates Pizza Delight restaurants in Amherst and Springhill, expects Springsteen to be an economic boom for this area.

"That's huge, exciting news," Mackintosh said. "For Amherst, we won't be on the edge of that, we'll be part of it. They'll expect 100,000 and my thought is we'll be in the strikezone."



Bruce Springsteen  
LARRY BUSACCA/GETTY IMAGES

## Tickets

Tickets for Bruce Springsteen at Magnetic Hill go on sale this Saturday, with general admission tickets costing \$115.

Moncton. With thousands of concert-goers from Nova Scotia passing by the community, Mackintosh said many of them stop here to pick up gas, food and other supplies for the concert.

"Amherst is close, so it's convenient. You can pick up your bags of ice and throw them in your cooler and they won't melt before you get to Moncton."

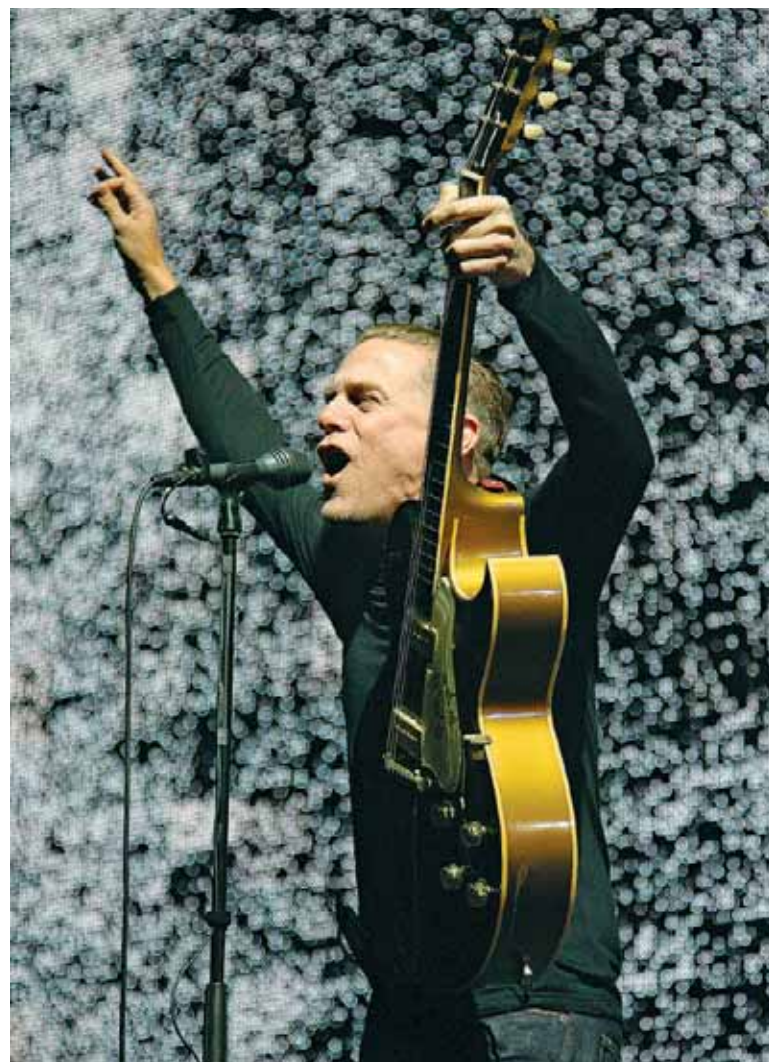
Tandy Thompson is expecting a busy weekend at the Comfort Inn. The hotel manager said bookings started the moment it was confirmed the concert was a go.

"We have had quite a few bookings already this morning," Thompson said.

Thompson expects all 60 rooms to be booked very soon. **AMHERST DAILY NEWS**



For more local news  
visit [metronews.ca/halifax](http://metronews.ca/halifax)



## Waking Up the Nation — twenty years later

Canadian rock legend Bryan Adams performs at the Metro Centre on Sunday night. Adams is on a cross-Canada tour of 20 cities to mark the 20th anniversary of his Waking Up the Nation 1992 tour.

RYAN TAPLIN/METRO

# Myles a double-winner at East Coast Music Awards

Halifax's David Myles captured two East Coast Music Awards Sunday at a gala awards ceremony in Moncton, N.B.

The singer-songwriter won both song of the year and songwriter of the year for Simple Pleasures, which is from his new album Into the Sun. The record is inspired by Myles' love of Brazilian and African music.

"This is a sweet surprise and an amazing category," Myles said after receiving the song of the year award.

"In the song, I say 'Lucky, lucky me,' and I feel very lucky today."

Simple Pleasures was produced by Enfield rapper Classified, also known as Luke Boyd. Awards for the ECMAs were handed out the past four days, with Classified taking home rap/hip-hop recording of the year.

## New director

- Scott Burke has been named the new executive director for the East Coast Music Association. The decision was announced Saturday during the Industry Awards Brunch as part of East Coast Music Week.

- Burke, who lives in Halifax, is a producer, director and writer who has led several East Coast theatre companies over the past decade, including Eastern Front Theatre of late.

Classified had six nominations in total to lead all Nova Scotians, with Myles having five.

Cape Breton singer-song-



David Myles  
JACQUES BOISSINOT/THE CANADIAN PRESS

writer Jimmy Rankin won last night for fan's choice video of the year for Here In My Heart.

The Nova Scotia Acadian-band Blou won entertainer of the year, while Cape Breton's Keith Mullins took home the award for world recording of the year. **ANDREW DAVIES/FOR METRO WITH FILES FROM THE CANADIAN PRESS**

## Middle Musquodoboit

### Woman dies in house fire

Fire crews, paramedics and RCMP were called out to a fire on Higginsville Road in Middle Musquodoboit just after 2:30 p.m. on Saturday.

They found the woman inside the residence. Her autopsy is scheduled for Sunday in Halifax.

Police identified the victim as Dorothy Graham, 53.

While investigators are still working to determine the cause of the blaze, they don't suspect foul play.

JENNIFER TAPLIN/METRO

## Lake Banook. Victim ID'd after car plunges into lake

Halifax police have identified a 30-year-old man who was killed after he lost control of his car and plunged into a lake.

Investigators say Brian Andrew Rozee died after his car crashed into Lake Banook early Friday morning.

They say his car crossed the centre line on Prince Albert Road near the intersection of Sinclair Street, struck a curb and hit a power pole before plunging into the lake.

A witness went into the lake, smashed out the car's passenger side window and pulled out Rozee, who was

## Cause

The cause of the accident is still under investigation, but police believe speed may have been a factor.

the only person inside.

The area was closed to traffic for several hours and the vehicle was pulled out of the water several hours later.

The victim was taken to the QEII Health Sciences Centre where he died a short time later.

THE CANADIAN PRESS









Amanda Greene outside Nova Scotia Supreme Court in Halifax in this file photo from last July. RYAN TAPLIN/METRO

# Greene gets seven years for role in killing ex-boyfriend

**Sentencing.** 20-year-old getting credit for 111 days already served in custody

DREW CASFORD  
halifax@metronews.ca

There were cheers and tears in a Halifax courtroom as Amanda Greene was sentenced to seven years in prison for her part in the killing of her former boyfriend Dillon Jewett.

It was a mix of emotions Friday as Justice Suzanne Hood rendered her decision at Nova Scotia Supreme Court in Halifax.

Jewett's family loudly applauded the sentence, while members of Greene's family sobbed openly.

"I am not satisfied remorse is a mitigating factor in this case," Hood said in delivering her sentence to Greene, who earlier pleaded guilty to manslaughter. "There are many things we don't know but one thing is for sure, Amanda and Kyle (Gowen) had a plan to get back at Dillon and to teach him

## Quotable

**"Only you can decide what kind of person you will be when you're released."**

Justice Suzanne Hood, in rendering her decision to Amanda Greene

a lesson."

According to the statement of facts read in court on Thursday, Greene and her new boyfriend Gowen had a plan to lure Jewett into a remote area in Mount Uniacke to assault him on Oct. 3, 2010.

Greene said she wanted revenge for physical abuse she said she suffered from Jewett when they lived together in 2009. She also said she suffered from post-traumatic stress disorder from the abuse.

The Crown said there was no evidence of abuse and Hood told the court she didn't consider abuse a mitigating factor in the case.

Greene met with Jewett over a year after they broke up at a Tim Hortons. A week later on Oct. 3, 2010 texts were exchanged between Greene and

## No appeal:

- The Crown was seeking a prison term of 12 years while the defence asked for the minimum of four years.
- Greene's lawyer Brian Smith told reporters he wouldn't be appealing the prison term.

Gowen about planning the assault.

Later that day, Jewett's body was found by ATV riders near a quarry in Mount Uniacke.

Police said he was shot three times by Gowen, who is serving a life sentence for second-degree murder.

A .22 calibre rifle was recovered at the scene along with his bag with personal items. Greene told police she did not know about the gun.

"I'm sincerely sorry to Dillon's family for what they went through and continue to go through," Greene told the court before being sentenced Friday. "A mother should never have to bury her child."

# Cops seeking to ID man found dead in washroom

Halifax police are seeking the public's help in identifying a man found dead in Dartmouth last week.

Police released a sketch of the man today, saying he was found in the 500 block of Portland Street just before 2 a.m. on Monday, April 9.

Staff at a business in the area say they located the man in a washroom and called 911. Paramedics ar-

rived and pronounced the man deceased, and an autopsy determined the cause of death was natural.

The man is described as white, 55 to 65-years-old, 5 feet 8 inches tall, 170 pounds, and with thinning blonde/grey hair. He also has freckles and a scar on his left jaw bone. At the time he was found, he was wearing a green, red and black jacket.

THE CANADIAN PRESS



Sketch image of victim. COURTESY HALIFAX REGIONAL POLICE

# Police drop investigation into complaint against priest

Police have dropped their investigation into a complaint against a priest who headed up a rehabilitation centre for addicts in Cape Breton.

The Cape Breton Regional Police say they have no basis to pursue any criminal charges involving the former employee of Talbot House in Sydney.

Rev. Paul Abbass con-

firmed in an email that he was the person being investigated, and that police have ended the probe.

Abbass took a leave of absence from his position as executive director of the facility after an unspecified allegation surfaced in February.

The centre has since closed. Abbass said he's not ready to speak pub-

## Talbot House

Talbot House's board of directors didn't reveal details of the allegation against Abbass, who served as the centre's director for about 15 years.

licly about the allegation.  
THE CANADIAN PRESS

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Regulations

## Change care for veterans: Stoffer

NDP veterans affairs critic Peter Stoffer says the way the Veterans Health Care Regulations are currently laid out, the federal government will download the cost of long-term care beds for veterans to the provinces after all the veterans from the Second World

War and Korean War die.

Stoffer, speaking at a press conference Friday in Halifax, called on the government to change the regulation so that it covers long-term care beds for veterans of more recent conflicts. The MP for Sackville-Eastern Shore used Nova Scotia as an example of the potential loss of funding, saying the federal government spends \$41 million annually to run 334 long-term care beds. **THE CANADIAN PRESS**



Peter Stoffer  
ANDREW VAUGHAN/THE CANADIAN PRESS

Trade talks

## Atlantic mayors call for inclusion

Mayors in Atlantic Canada say they want to participate in ongoing free trade negotiations between the federal government and the EU. They want to be included in Comprehensive Economic Trade Agreement discussions. **THE CANADIAN PRESS**

Investigation

## Suspects sought in propane tank theft

Police are investigating the theft of 70 propane tanks from an Irving gas station in Windsor. Police say that sometime late Thursday or early Friday two men entered the Mount Uniacke Irving parking lot. **THE CANADIAN PRESS**

CAA campaign

## Vote is on for the worst roads

Division Road in Pictou is in sixth place in the CAA Atlantic's Worst Road campaign for Atlantic Canada. As of Friday, more than 1,300 people had voted. The campaign runs until April 24. Visit [atlantic.caa.ca/worstroads](http://atlantic.caa.ca/worstroads). **NEW GLASGOW NEWS**

# More money for search and rescue

**Announcement.** No new funds coming to Nova Scotia: MacKay



JENNIFER TAPLIN  
jennifertaplin@metronews.ca

Virtual trainers, safety videos, training exercises and several other projects are on the way for National Search and Rescue.

Defence Minister Peter MacKay announced on Sunday in Halifax an additional \$8.1 million for the New Initiative Fund for the coming budget year. The fund, established in 1988, pays for training and equipment projects for search and rescue outfits across the country.

Nineteen projects were recently approved for funding under this program for the next fiscal year. Although several of those are national programs, there was nothing in the list specifically for Nova Scotia.



Peter MacKay RYAN TAPLIN/METRO

"Of the 19 listed today, there is not a Nova-Scotia specific announcement. There was last year and that was for two-years funding so we're in the second year of that announcement," said MacKay.

Nova Scotia's ground search and rescue received funding last year. But in the Atlantic region, Prince Edward Island is getting over \$400,000 for a mapping project, and Newfoundland and Labrador is receiving over \$157,000 for training and supplies. British Columbia and Manitoba are also receiving funding for specific projects.



## On your mark ... get set ... go!

Cpl. Terry Vaughan from the 78th Highlanders fires a rifle to start the MEC Halifax Citadel Highlander Kids' Race on Sunday morning. Adults also got to run in and around the Citadel in the five-kilometre and 10-kilometre races. **RYAN TAPLIN/METRO**

Services

- **Questions.** Ottawa has faced questions in recent months over search and rescue services, particularly in Atlantic Canada.
- **Concerns.** The death of 14-year-old Burton Winters in Labrador earlier this year raised concerns after the military could not immediately deploy

helicopters from 5 Wing Goose Bay to find him because they were out of commission.

- **Announcement.** Last week, the federal government announced it is adding another chopper to that base's fleet.

**THE CANADIAN PRESS**

## NewPage paper mill. Union recommends buyout contract

The union at the NewPage Port Hawkesbury paper mill is recommending workers accept a contract offer from a company that wants to buy the idle operation in a vote to be held Monday and Tuesday.

The executive of the Communications Energy and Paperworkers union Local

972 had previously taken no position on the offer, but that changed after Pacific West Commercial Corp. provided new information to the union.

Union vice-president Archie MacLachlan said in an interview the new information included clarification on seniority and recall rights.

He said the union's membership decided at a meeting on Sunday evening to put the offer to a vote.

Pacific West Commercial's original offer would have laid off about 320 employees of the 550-member workforce.

MacLachlan said those numbers are still accurate

because Pacific West Commercial would only operate one of two papermaking machines at the mill in Point Tupper.

The mill closed in September as it struggled with soaring electricity and shipping costs, a strong Canadian dollar and declining demand.

**THE CANADIAN PRESS**

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## Drugs. Reserve speaks out against addiction

Item number nine in the letter to members of the Cat Lake reserve from the children in Grade 6 is as blunt as it is painful.

"It hurts us and shoomis and kokum (grandpa and grandma) when you're doing drugs and you're not at home."

Cat Lake is the epicentre of prescription drug addiction in Canada. Community leaders figure that between 70 and 80 per cent of the adults are hooked on narcotic pain killers OxyContin or Percocets.

Governments and local health authorities are slowly gearing up to deal with the runaway addiction that has slammed communities across the country, especially First Nations. But the help can't come quickly enough for the children of Cat Lake.

"We feel that we don't know what to do to help you stop doing Drug," the children wrote as

"Point Number Five."

"We want you to stop because it hurts our family and we don't like it when we're angry," according to point number four.

The children in this lake-soaked corner of northwestern Ontario 400 kilometres north of Thunder Bay put together the list over the course of a few days in a workshop with the help of a local band member. Out of a population of about 700, local officials say they collect 500 needles a week through the needle-exchange program. They have put 172 adults on their list of confirmed addicts, and another 250 are suspected. Almost everyone else is either a child or an elder. **THE CANADIAN PRESS**

Exclusively online

To read the letter, go to [metronews.ca](http://metronews.ca)



### Casualties

#### Al-Qaida strikes in Yemen

Yemeni military officials say al-Qaida fighters trying to take control of a key southern town launched two attacks on residents, leaving a total of seven people dead, including two al-Qaida militants.

**THE ASSOCIATED PRESS**

### Corruption charges

#### Iraqi PM criticized for detentions

Two Iraqi election officials facing corruption charges said Sunday they have been released on bail after a three-day detention that they said was designed to pressure the independent electoral body.

**THE ASSOCIATED PRESS**

### Scathing attack

#### NDP slams Tories on food inspection

The Harper government's cuts to public service jobs are putting Canadians at risk, NDP Leader Tom Mulcair said, lashing out at the Conservatives for cutting food inspectors after people died from tainted meats.

**THE CANADIAN PRESS**

### Uniquely Canadian

#### Signatures on the Charter fading

The papermakers chose the finest Manitoba flax, but nobody thought about the pens used to sign the Charter of Rights and Freedoms — the signatures that brought it into force are at risk of fading.

**THE CANADIAN PRESS**

## Prostitution. Secret Service scandal slammed

### Strained relations

16

Eleven Secret Service employees are on administrative leave for misconduct and five service members assigned to work with the agency are confined to quarters amid allegations that a group of personnel partied with prostitutes before Obama arrived in Colombia for the weekend summit with Latin American leaders.

about it during a late afternoon news conference Sunday in Cartagena with Colombia's president.

White House spokesman Jay Carney has dismissed suggestions that the incident had distracted the president.

"I think it's been much more of a distraction for the press," Carney said Saturday. "He's here engaging in the business that he came here to do."

**THE ASSOCIATED PRESS**

### The world in photos



### 1 Suicide bomber. Examining remains

An Afghan man examines the remains of a car after three suicide bombers were killed before they reached Jalalabad airport in Afghanistan on Sunday. The Taliban launched a series of co-ordinated attacks on at least seven sites. **RAHMAT GUL/THE ASSOCIATED PRESS**

### 2 Salute. Jong-un gives first speech

North Korean leader Kim Jong-un salutes during a mass military parade in Pyongyang to celebrate 100 years since the birth of the late North Korean founder Kim Il Sung on Sunday. **THE ASSOCIATED PRESS/KYODO NEWS**

### 3 Birthday. Benedict XVI turns 85

Pope Benedict XVI greets the faithful during the Regina Coeli prayer from his studio's window overlooking St. Peter's square at the Vatican on Sunday. **GREGORIO BORGIA/THE ASSOCIATED PRESS**

### 4 Arrested. Activists' fly-in protest

Left wing Israeli activists are arrested by Israeli police as they demonstrate in favour of the 'Welcome to Palestine' fly-in protest on Sunday at the Ben Gurion Air Port near Tel Aviv, Israel. **URIEL SINAI/GETTY IMAGES**

### 5 French campaign. Sarkozy arrives

France's President and candidate for re-election, Nicolas Sarkozy, shakes hands as he arrives for a Paris campaign meeting, Sunday. **MICHEL EULER, POOL/THE ASSOCIATED PRESS**

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— Sheila Woodcock  
Community Health Board Member  
South Shore District Health Authority, Board of Directors

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— Patricia Skinner  
Commissioner  
Human Rights Commission

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# Five dead as twisters cut a swath across U.S.

**Storm weakening.**  
Midwest and Plains states affected; hundreds of thousands without electricity

At least 120 reports of tornadoes were received before dawn Sunday by storm trackers as an unusually ferocious weather front caused damage in several Midwestern states, killing five.

The people who died, including three children, were in Woodward, a town about 225 km northwest of Oklahoma City.

More than two dozen people were injured in the town, but it was the only tornado that caused fatalities.

Many of the touchdowns raked harmlessly across isolated stretches of rural Kansas, and though communities there and in Iowa were hit, residents and officials credited days of urgent warnings from forecasters for saving lives.

The storms were part of an exceptionally strong system tracked by the National Weather Service's Storm Prediction Center in Norman, Oklahoma, which specializes

in tornado forecasting.

The centre took the unusual step of warning people more than 24 hours in advance of a possible "high-end, life-threatening event."

A centre spokesman said the weather service received at least 120 reports of tornadoes and still was working to confirm how many actually touched down.

The storm system was weakening as it crawled east and additional tornadoes were unlikely, though forecasters warned that strong thunderstorms could be expected as far east as Michigan.

Woodward suffered the worst of the destruction from the storms, which also struck in Kansas, Iowa and Nebraska.

Woodward City Manager Alan Riffel said 89 homes and 13 businesses were destroyed.

More than 100 tornadoes were reported across the U.S. Midwest and Plains states, leaving at least five dead in Oklahoma and hundreds of thousands of families without electricity.

Residents searched through damaged homes Sunday for anything they could salvage. Emergency crews, meanwhile, were trying to repair power lines.

## Very strong system

The storms were part of an exceptionally strong system that the Storm Prediction Center in Norman, Oklahoma had warned about for days.

- The centre warned people more than 24 hours in advance of a possible "high-end, life-threatening event."
- The centre said the weather service had received at least 120 reports of tornadoes by dawn Sunday.
- They warned the threat of strong thunderstorms wasn't over for those across several states.

The National Weather Service said the storm systems were weakening and additional tornadoes were unlikely.

Forecasters warned that strong thunderstorms were expected as far east as Michigan.

Kansas Gov. Sam Brownback said the damage could have been far worse.

THE ASSOCIATED PRESS

## The 'Tornado Hunter'

### Saskatchewan resident offers eyewitness account

As extreme weather continues to hit the Midwestern United States, Saskatchewan resident Greg Johnson, known as the Tornado Hunter, is on the ground documenting the ordeal.

Speaking with Metro from Des Moines, Iowa, Johnson said this chase has been a lucky one.

"In Kansas we were really fortunate that the tornadoes that we were chasing ... didn't hit populated areas," said Johnson. "So we didn't come across any of that mayhem that went on later in the evening at Wichita and unfortunately the five deaths at Woodward, Oklahoma."

Johnson said these chases affirm that Canada isn't prepared for a tornado.

He says this work in the U.S. will pay off when he gets back to Canada.

"The work we're doing now pays dividends and helps people build an awareness about tornadoes and severe weather."

MORGAN MODJESKI/METRO IN SASKATOON



### Ferris wheel damaged

Amusement park workers survey the damage to a 65-foot-tall ferris wheel on Sunday morning that toppled over onto another ride following a tornado that swept through east Wichita overnight Saturday.

MIKE HUTMACHER/THE WICHITA EAGLE/THE ASSOCIATED PRESS

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China.....1.9¢/min	Lebanon.....7.9¢/min	Trinidad.....4.9¢/min
Colombia.....from 3.9¢/min	Mexico.....from 1.9¢/min	U.A.E.....14.9¢/min
Cuba.....89.9¢/min	Pakistan.....5.9¢/min	Ukraine.....7.9¢/min
El Salvador.....9.9¢/min	Philippines.....11.9¢/min	U.K.....2.9¢/min
Germany.....1.9¢/min	Poland.....1.9¢/min	Vietnam.....4.9¢/min
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## Buying from a box. Retail kiosks gain momentum

A growing number of retailers are installing automated kiosks in the corners of their stores, hoping to drive product sales for DVD rentals or even iPads in a space once reserved for dust bunnies and trash bins.

It's a trend that's gaining momentum in Canada after several years of success in the United States, where everything from soap to live bait has been sold out of the automated dispensers.

Canadian businesses are taking a more conservative approach, choosing consumer favourites like DVD rentals to test the market, but creators of the kiosks are optimistic that this is just the start.

In Canada, all of the kiosk operators are private companies, so their revenues aren't made public, which makes it tough to determine whether Canadians are adopting the concept en masse. According to a report from Convergence Consulting Group, kiosks are just two per cent of the market in Canada.

Canadian Tire briefly tested the market with a handful of kiosks that sold clothing and accessories from its Mark's stores, but the kiosk didn't seem to catch on with customers. **THE CANADIAN PRESS**

### Market Minute



#### DOLLAR

\$100.16¢ US (-0.39¢)



#### TSX

12,040.39 (-174.25)



#### OIL

\$102.83 US (-81¢)



#### GOLD

\$1,660.20 US (-\$20.40)

Natural gas: \$1.981 US (-0.2¢)  
Dow Jones: 12,849.59 (-136.99)

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# Latin America splits with Canada, U.S. on Cuba

**Summit.** Allowing Cuba to participate may undercut democratic gains in the hemisphere, experts argue

### Foreign policy

- The Conservative government is trying to revitalize its five-year-old Americas Strategy, a policy of focused engagement in the region.
- Harper will fly to Santiago at the close of the summit for an official visit to Chile.

Prime Minister Stephen Harper came to the Summit of the Americas with the goal of bolstering ties with the booming region, but left Sunday on a discordant note because of his government's stance on Cuba's participation.

Canada and the United States stood alone in balking at an agreement to allow Cuba to attend future summits. That discord, and a lack of consensus on backing Argentina's claim to the Falkland Islands, scuppered a final declaration from the 31 participating nations.

Even the summit host, Colombian President Juan Manuel Santos, declared it to be "unacceptable" that Cuba not attend the next meeting three years from now. Other major

players, such as Argentina and Brazil, have echoed the sentiment.

Harper emphasized that Canada has reached out to Cuba, and does not agree with the American embargo of the country. But he said Canada is sticking with the summit principles that state that members must be democracies — an idea that originated under Liberal prime minister Jean Chretien during the Quebec City summit of 2001.

"While we don't support the position of isolating Cuba, we do believe that the Summit of the Americas should be



Prime Minister Stephen Harper arrives for the second day of meetings at the sixth Summit of the Americas in Cartagena, Colombia, on Sunday.

ADRIAN WYLD/THE CANADIAN PRESS

restricted to democratic countries, and that Cuba should be encouraged to come as a democratic country in the future... and it's our contention that the Canadian policy is the way to get that kind of result rather than the policy pursued by our

American friends," Harper told reporters.

What happens next is unclear. Santos said there would be a discussion on Cuba's participation at the summit three years from now, scheduled for Panama. **THE CANADIAN PRESS**

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# BACK TO THE DRAWING BOARD ON EDUCATION?



**URBAN COMPASS**  
Stephen Kimber  
halifax@metronews.ca

Why don't we cut to the chase? Is it time to eliminate elected school boards and let the provincial government shoulder real responsibility/blame/credit for

how our schools are operated/paid for?

I ask, in part, because of last week's dust-up between the Chignecto-Central school board, Premier Darrell Dexter and Education Minister Ramona Jenne.

Earlier this month, the board announced that — to meet a provincially mandated 1.7 per cent budget reduction, not to mention contracted wage increases and inflation — it was eliminating every one of its 41 librarian positions.

"We had nowhere else to go," the board chair said.

In the legislature last week, Dexter shot back the board was playing a "political game" to "scare" parents and "embarrass" the government.

There was money for the librarians, he said.

The next day, Jenne — while piously declaring "our school boards are in the best position to know the unique needs of their communities" — nonetheless announced she'd ordered the board "not to finalize their proposed budget cuts, pending an immediate provincial review."

## Elected and rejected

"Since 2006, two different provincial governments have fired three different school boards."

This is far from the first time a Nova Scotia government has stepped in when it didn't like something one of our eight elected school boards was doing. In fact, since 2006, two different provincial governments have fired three different school boards.

So what's the point of having elected boards at all?

Theoretically, local boards provide opportunities for community involvement and control over what is one of our most important public institutions.

Practically, however, the province not only controls the board's purse strings but also makes all the big-ticket spending decisions — teacher salaries, pension plans, etc. — and then tell the boards to make it work.

Given the NDP's commitment to balancing its books by next year coupled with the demographic reality that declining student numbers are hollowing out school districts, the education budget becomes an inviting target for government cost-cutters.

That added advantage — from the province's point of view — is that it downloads responsibility for making the toughest decisions to local school boards.

Unless, of course, it doesn't like what they decide. And then... It's time to rethink how we run our school system.

## Weird news

### Hanging by a wiper

A Vietnamese traffic cop went on a wild ride in Hanoi, clinging to the windshield wipers of a moving bus for nearly a kilometre after the rogue driver tried to avoid a ticket, police said Friday.

Traffic police 2nd Lt. Nguyen Manh Phan ordered the bus driver to pull over the 39-seat passenger coach Monday, said a police officer in Ba Vi District outside Hanoi. The officer spoke on condition of anonymity, citing policy.

The driver allegedly refused to show his paperwork and drove off — but not before Phan leaped onto the front, he added. The officer said the bus reached a top speed of about 50 kilometres

per hour.

A video shot by one of Phan's fellow police officers shows the officer trying to get his footing and dangling precariously from the moving bus as oncoming traffic whizzes past. Phan can be heard yelling, "Call the police!"

The driver, Phung Hong Phuong, eventually pulled over after being chased by police and residents.

Even with the bus stopped, Phan stood calmly in front of it, still hanging on to the wipers.

Phuong was arrested for allegedly acting against public officials, an offence that carries a maximum three-year prison sentence, the officer said.

THE ASSOCIATED PRESS

# Harlistas wave the flag



FRANKLIN REYES/THE ASSOCIATED PRESS

## Straw at attention

### Cubans celebrate Harley Davidson

Bikers participate in a competition to place a single straw in a row of bottles during Cuba's first national gathering in honour of the Harley Davidson motorcycle Saturday.

Cuban "hog" owners and enthusiasts gathered over the weekend in the tourist resort city of Varadero.

THE ASSOCIATED PRESS

## Motorcycle mambo



### Keeping 'hogs' on the street

Yaismer Escalona works on a Harley Davidson in Havana Friday.

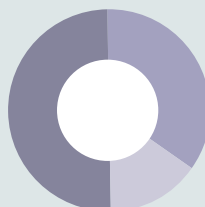
Cuba's "Harlistas" are just as passionate as their American counterparts, but like the owners of rumbling 1950s Detroit classic cars that still prowl the streets of Havana, vintage Harley fans have had to get creative to keep their bikes road-worthy. THE ASSOCIATED PRESS



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

## Have you been affected by rising gas prices?

50% NO, I DON'T DRIVE.



35% SOMEWHAT. I'VE HAD TO CUT BACK A BIT.

15% YES, HEAVILY.



## Twitter

@HollySteeves

Just had the best chai latte in my life at Java blend in halifax, I think I'll enjoy living here :)

@der\_junker

I either have a lot of ex girlfriends trolling around downtown, or this is a very small city. #Halifax

@JuliaRoddi

You know life is coming back to #halifax when the gardens open, and the fountains turn on! #summer you're sooooo close!!!!

@jerryleewilson

A man was shot while getting his hair cut in a #halifax barber shop? What is this Sopranos?

@LesDobie

Great day so far its beautiful in #Halifax went for a run and a workout, just need the #Pens to pull out a win to make it even better.

@Ergonomist

If I lived in Halifax I would throw my support behind @dawgfatherphd, this dude rocks and would get lots of support. #hrm2012xx



## 2

## SCENE

## Box office

## Fans still hungry for Games

Movie fans have chosen real violence over the slapstick variety as *The Hunger Games* held off *The Three Stooges* to remain the No. 1 week-end movie. Lionsgate's *The Hunger Games*, the blockbuster about teens competing in a televised fight to the death, stayed on top for a fourth-straight weekend with \$21.5 million. That raises the film's domestic total to \$337.1 million. Peter and Bobby Farrelly's slapstick update *The Three Stooges* opened in second place with \$17.1 million, according to studio estimates Sunday. That was well above industry expectations of around \$10 million for the 20th Century Fox update starring Chris Diamantopoulos as Moe, Sean Hayes as Larry and Will Sasso as Curly. Fox executives had figured the movie would appeal mainly to young males. But it also pulled in older men who grew up on the Stooges. The acclaimed horror tale *The Cabin in the Woods* debuted in third place with \$14.9 million. A smart, twisting take on the genre produced and co-written by Joss Whedon (*Buffy the Vampire Slayer*), the long-delayed *Cabin in the Woods* had been one of the films caught up in MGM's bankruptcy but was finally released by Lionsgate.

THE ASSOCIATED PRESS

## On the web



Ronnie Wood, members of The Faces donate band biography to newly opened Rock Hall archives

# When board meets screen

Battleship, Milton Bradley's boredom, smiting, peg-in-board naval gazer, is being re-imagined as a \$200 million intergalactic ship-sinking blockbuster, with Liam Neeson and Rihanna aboard. If *Battleship* floats at the box office, studios will be quick to green light a slew of board-meets-screen adaptation. We delved deep into the attic to dust off some rainy-day classics with the most cinematic potential.

MIKE DOJC

scene@metronews.ca



## Hungry Hippos

**Elevator pitch:** *Anaconda Meets The Constant Gardener*

**Plot:** While in Botswana, a World Health Organization scientist accidentally stumbles upon a topical cure for male pattern baldness while milking a hippopotamus on a dare. In an attempt to amplify the affect, the hefty herbivores are shot full of bovine growth hormones, which messes with their eyesight causing them to see human heads as mouth-watering spheres of white chocolate.

**Stars:** Megan Fox, Danny McBride and Seth Rogen

Zoëy Deschanel

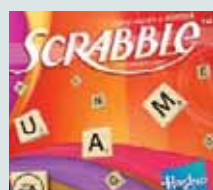


## Connect Four

**Elevator pitch:** Bob & Carol & Ted & Alice meets *Wanderlust*

**Plot:** Two couples meet while on vacation in Tuscany, have too much Pinot grigio one night and end up experimenting in spouse swapping. While their friendship persists, the inebriated dalliance leads to therapy for one duo and a temporary break-up for the other. Will moving into a beach house in Malibu help this criss-crossed foursome pick up the emotional pieces of their scattered hearts?

**Stars:** Mark Ruffalo, Zoëy Deschanel, Dax Sheppard and Kristen Bell



## SVW: Scrabble versus Words with Friends

**Elevator Pitch:** Freddy vs Jason Meets *The Social Network*

**Plot:** A friendly game of Scrabble between a mother and her daughter goes awry after mama scores a bingo with a-b-u-s-i-v-e. Seven letter bonuses are only 35 points in the popular app but 50 points in the board game that inspired it. A generational pissing match ensues, pitting Coke against Coke Zero and buck and a quarter convenient store coffee against Starbucks.

**Stars:** Marissa Tomei, Selena Gomez and Mike Holmes



Channing Tatum



## Jenga

**Elevator pitch:** *Armageddon Meets Tetris*

**Plot:** Set in Chicago in the summer of 2035, a trillionaire developer conceives a mega-condominium, quadruple the height of the CN Tower, assembled completely out of prefabricated modular units. Midway through construction the city is rocked by a 9.0 earthquake. A brave crew of super-crane operators from the army corp of engineers scramble to save the building from toppling by hoisting up the precariously balanced units and finding a new perch for them on the top of the building.

**Stars:** Tim Allen, Channing Tatum and Mike Holmes



## Trivial Pursuit

**Elevator Pitch:** *Saw meets Jeopardy*

**Plot:** After a producer gets canned from the game-show network, he turns into a psychopath and begins pursuing former quiz show contestants. When he captures them he toys with them by forcing his victims to answer moderately difficult trivial questions like who won the World Series in 1994? If they know the answer he lets them off with just a wedge. But if they get it wrong, then it's game over.

**Stars:** Alex Trebek and Justin Bieber

## Will board-games business sink or sail?

**Battleship.** Hollywood film could be the marketing boost the board-games business needs to boost lacklustre sales

*Battleship* steams into movie theatres in the coming weeks, giving audiences the chance to decide whether a board-game-based movie is sea-worthy.

Whether the movie symbolizes Hollywood's lack of new ideas or its brilliance in adapting old ones, Comcast Corp.'s Universal Pic-

tures is betting big that it's the latter.

With a reported production budget of \$200 million, observers say it will need to reap at least \$500 million at box offices worldwide to pay off.

For Hasbro, the movie is a way to get a globally marketed boost for its games business, which Sterne Agee analyst Margaret Whitfield called "stagnant" and lacking innovation.

Turning that stagnation around is a goal of Brian Goldner, Hasbro's CEO since 2008. He told investors in February "we're going to reignite our games business."

## Quoted

**"We're going to reignite our games business."**

Hasbro's CEO Brian Goldner, reassuring investors that there are plans to reinvigorate the 'stagnant' board-game business.

If it succeeds, *Battleship* will be the advance guard of a whole fleet of planned adaptations of Hasbro games including *Ouija*, also being developed by Universal for release in 2013, as well as *Risk* and *Candy Land*, which are both in the works at Sony Corp.

THE ASSOCIATED PRESS



*Battleship* has a reported production budget of \$200 million.

HANDOUT



# Mark Deklin has a blast being 'one of the girls' on GCB

**Coming out of the closet.** Deklin plays a closeted gay man in series pilot; says character infused with his own personality

**MEREDITH ENGEL**

Metro World News in New York

Mark Deklin's character on GCB, Blake, has a secret: He's gay. But that's not a spoiler — we found out in the pilot, and we also learn that his wife knows. How will this play out in the remainder of Season 1 of the new southern-fried hit? We hit up the actor — whose résumé also includes stints as a Greenpeace volunteer and an English teacher — for answers.

**What can you tell us about the remainder of the first season?**

We're gonna start to see who these people really are.

For my character, as the season unfolds I get to do a lot more comedy. We spent the first half of the season really building my character's humanity, if you will, more than the humour, but by Episode 5 we sort of feel like we've earned the right to get a little wacky. That's one of the things I'm looking forward to because I had a lot of fun honing my comedy chops.

**Do you consider yourself a naturally funny guy?**

I do. I suppose that could be a matter of opinion. [Laughs] But I do think there's a certain science to comedy. So much of comedy is grounded in rhythm, timing. It's like music, and I have a musical ear. I know how to land it. I know what the comedy's asking you to do.

**What's it like playing someone whose sexuality differs from your own?**

One of the wonderful advantages of this particular role is [Blake's] not written as a stereotype. He's a clos-

eted gay man, which is not something we've really seen a lot on TV. I didn't really quite know how to approach it, but what I've realized is I don't have to put anything on. No one looks at Blake and thinks he's gay. I don't play him as any kind of stereotype; I just sort of infuse my own personality into this character and give him a Texas accent.

**There are a lot of pretty ladies on this show. How is it working with them on a daily basis?**

It's wonderful being surrounded by so many beautiful ladies. When I come to work every day I'm surrounded by beauty. But the other great thing is they're all also really smart and really funny. It's also an interesting dynamic because I'm playing a gay character. Somehow because I'm the gay character on the show, I'm conferred with this almost honorary gay status, and so I get to almost be one of the girls. And it's really fun. I actually love it. I don't

feel emasculated by it — I think it's wonderful.

**So have you started indulging in girly treatments, like pedicures?**

Oh, sure. Any actor who says they haven't is lying.

**You used to be a Greenpeace volunteer. Why did you ultimately decide to do acting?**

I was acting my whole life, but not professionally. I just never really took it seriously as a career option, so I was doing a whole bunch of other things out of college. Greenpeace was an organization I had always supported and a crazy opportunity came up. They were looking for rock climbers, and I'm a rock climber. I was visiting a friend in Boston, where they were interviewing, and I just felt, "well, I'm not employed right now," so I ended up working for Greenpeace. It wasn't really part of my master plan — it just sort of happened — but it was a very educational experience, and I felt good doing it.



GCB airs Sunday nights on CTV. HANDOUT

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# Cleveland rocks on despite the absence of Axl

**Rock and Roll Hall of Fame.** Former G N' R frontman refuses to put aside grudges for induction, rest of the band celebrates

The Rock and Roll Hall of Fame ceremony didn't miss Axl Rose at all.

The rowdy celebration, which in past years has included awkward moments, touching tributes and unforgettable performances, rocked on without Rose, the

Guns N' Roses frontman who may one day regret skipping a night when 6,000 fans, 1,400 guests and many of music's biggest stars partied in Public Hall with the class of 2012 in Cleveland, Ohio.

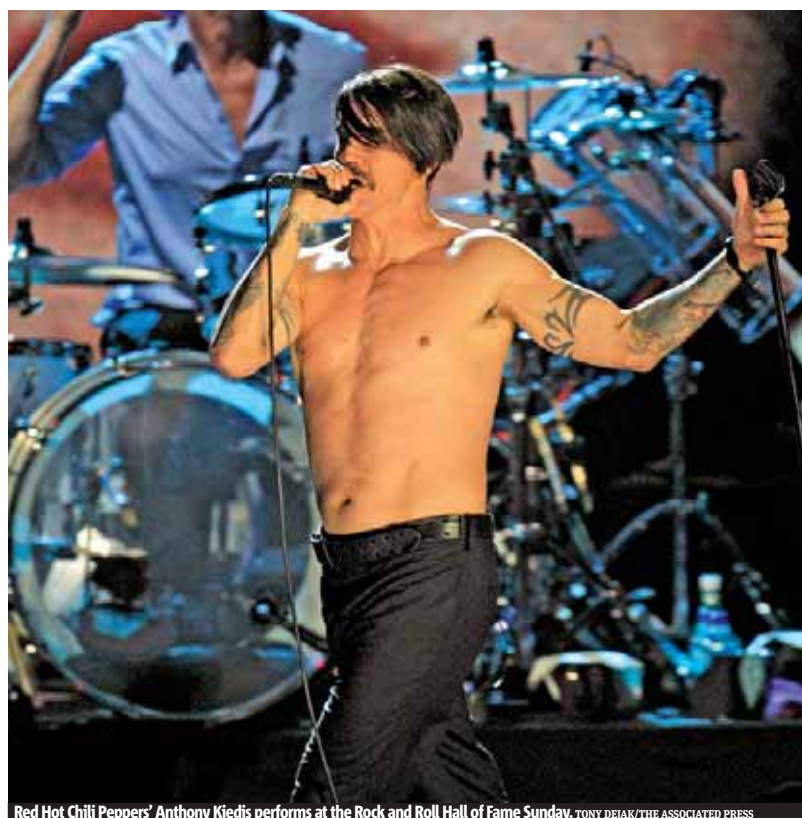
Hard rockers Guns N' Roses — minus Rose — headlined this year's eclectic group of inductees. Others being enshrined are the Red Hot Chili Peppers, the Beastie Boys, folk icon Donovan, late singer-songwriter Laura Nyro and British bands the Small Faces and Faces.

Before the ceremony started with a blistering performance by Green Day, Chili Peppers lead singer Anthony Kiedis said it was strange to be enshrined while on tour.

"We're going somewhere," Kiedis said. "How can we stop and take an award when really we're just halfway there? But it is nice to be together with people that we spent some incredible years along the way writing songs and playing shows in little theatres and sweaty little transvestite clubs and having the time of our lives."

As Rose was somewhere else, Cleveland rocked without him.

The first mention of Rose's name drew a smattering of boos that were soon drowned out by the music.



Red Hot Chili Peppers' Anthony Kiedis performs at the Rock and Roll Hall of Fame Sunday. TONY DEJAK/THE ASSOCIATED PRESS

## Quoted

**"How can we stop and take an award when really we're just halfway there?"**

Red Hot Chili Peppers frontman Anthony Kiedis on the band being inducted into the Rock and Roll Hall of Fame.

Rose, the screeching frontman and ringmaster of the G N' R travelling circus of dysfunction for decades, said earlier this week that he didn't want to be part of the ceremony because it "doesn't appear to be somewhere I'm actually wanted or respected."

He cited a continuing rift with his former bandmates

as the main reason for not attending. His decision disappointed fans and ended months of speculation about whether the original Guns N' Roses lineup would unite for the first time since 1993 and perform any of their classic hits like Welcome to the Jungle or Sweet Child O' Mine.

THE ASSOCIATED PRESS

## Red carpet

**Cleveland loves Cooper**

As the ceremony approached, fans gathered on the sidewalks outside Public Hall, which hosted the Beatles in 1964, for a peek at some of rock's royalty. Alice Cooper was the fan favourite on the red carpet, signing autographs, telling printable stories and waving in response to cheers of "Alice, Alice!"

IN THEATRES APRIL 27TH

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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## The Word



### Diddy's uninvited house guest



**THE WORD**  
Dorothy Robinson  
scene@metronews.ca

A 30-year-old man has been arrested for trespassing at Sean "Diddy" Combs' East Hampton mansion, where he reportedly ate the hip-hop mogul's food, drank his liquor, tried on some of his clothes and then slept in his bed, according to TMZ.com.

Quamine Taylor, who reportedly has a history of mental illness, entered the vacant house through an unlocked basement door and was there for 24 hours before tripping an alarm.

But when police and an alarm company representative showed up, Taylor was able to convince them he had permission to be there. It wasn't until a caretaker arrived and called the police back that Taylor was arrested. Combs' rep had no comment.

Poor Quamine. If only someone had tipped him off that Combs' mansion was NOT a Notorious B&B, he wouldn't be in this mess.

## ScarJo opens up on 'horrible' divorce

Though she describes her split from ex-husband Ryan Reynolds as "comically amicable," Scarlett Johansson admits she's still reeling from her divorce.

"Of course it's horrible. It was devastating. It really throws you," she tells Vogue. "You think that your life is going to be one way, and then, for various reasons or whatever, it doesn't work out."

Johansson also acknowledges her post-divorce relationship with Sean Penn for the first time, saying, "We spent time together, yeah. I never put a title on it, really, but we were seeing each other."



## Smith brushes shoulder off

Jada Pinkett Smith isn't bothered by the tabloid reports of trouble in her marriage to Will Smith — or at least she isn't surprised by them.

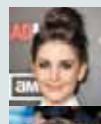
"Every year, one celebrity couple is under the microscope. This year, unluckily, it's us. I almost want to say that we should have been expecting it," she tells Gala magazine.

"Will and I know the truth. We're waiting peacefully for the storm to blow over."



Jada Pinkett Smith

## Twitter



**@alisonbrie**

So a sketchy dude on a bicycle definitely just stopped to whisper to me "You're lucky" before repeatedly yelling at me "Monica Lewinsky!!!"



**@chriscolfer**

Note to self: Next time you're looking for keys, wallet, or phone, begin with checking under the cat.



**@rustyrocks**

I would never burn money. Unless you count the ten grand I spent on cat jackets.



**@Joan\_Rivers**

William and Kate's 1st anniversary is weeks away. The Queen is giving them the traditional gift of paper — the deed to Australia.

## Brad finally puts a ring on it



Angelina Jolie and Brad Pitt ALL PHOTOS GETTY IMAGES

After six children and seven years together, Brad Pitt and Angelina Jolie are engaged to be married, a rep for Pitt confirmed in a statement.

"Yes, it's confirmed. It is a promise for the future and their kids are very happy. There's no date set at this time," the rep says.

Pitt reportedly popped the question with a \$250,000 ring, according to Us Weekly.

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# Just had a baby? Now munch on the placenta

**Skin-care.** More moms, including January Jones, are considering the benefits of their placenta, which many believe reduces the signs of aging and boosts energy levels

ROMINA MCGUINNESS  
MWN in London, U.K.

Mothers from all around the world have consumed their placenta for generations with little fanfare. Some say it's part of the natural process of giving birth that brings mother and child closer, others say it helps balance out hormones and fights postpartum depression, while some use it to fight aging.

But it was January Jones

who made after-birth such a hot topic when she admitted that eating hers, post-baby, helped her get camera ready weeks after the delivery. And it's now not just consuming your own placenta for the benefits: beauty products are popping up with placenta as its main ingredient.

But some skin-care experts, such as Madonna's facialist, Michelle Peck, is skeptical.

"I'm not saying I'll never try placenta pills, I just need more convincing. I'd like to see more concise information to back the health claims," she says.

Mark Kristal, a behavioural neuroscientist at the University of Buffalo, agrees.

"Even though there are benefits to mammalian mothers that eat placenta at delivery, there is no scientific evidence that there are any benefits to humans."

He goes on to point out that all of the gushing reports about



January Jones: Could placenta pills help you look like this? GETTY IMAGES

the benefits of placenta use have been based on anecdotes.

"I wouldn't recommend women take placenta pills, but that doesn't mean that at some time in the future, beneficial components might not be

extracted or synthesized and administered medicinally," he adds.

Either way, the trend is picking up steam, and it's up to each mother to decide what's best for them.

## Parenting

### Kid on a leash?

CAROLYN DREBIN  
Mommyish.com

Since having kids, I've been freaked out by traffic. Parking lots, busy streets, even driveways have become safety hazards for me when I'm out with my children.

When each boy started nursery school, they developed an insatiable appetite for freedom. The preferred destination? Parking lots. I remember picking up my eldest, now nine, from school and within seconds of leaving the building, he'd be heading straight into the carpool lane. Needless to say, the vice-grip-hand-hold became de rigueur. It was a phase he eventually grew out of — but not before teaching his younger brother exactly how it was done.

And so, by the time my second son, now 7, started nursery school, he too hit the streets whenever possible. But with him, I was prepared. My quick-draw-McGraw reflex to grab him surprised even myself. But what was I going to do? Use a leash? No way. I'd seen those parents. The relaxed ones. The ones walking through malls, airports, even parks, while their little ones meandered happily. On their leashes. I couldn't help but stare. And judge. These were children, not pets. And then my three-year-old discovered the joys of the open roads. A few weeks ago he disappeared. My husband and I had taken separate cars to a party. My son insisted on going home with his daddy, so I left. Moments later my man called, asking me if I'd taken our youngest son home. Luckily, the mad dasher was found by a lovely woman.

I'm now reconsidering my view on the leash.

## Yay or Nay

### YES

**PILLS:** If you're curious about taking it orally, you won't have to worry about weird side-effects. "It causes no allergic reactions or fatalities in mothers," says New York-based skin-care expert Carole Burns. "The only women who aren't good candidates are those with hepatitis A,B, or C and HIV/Aids."

**FACIALS:** "You can take the dried powder and place it into a gentle base such as pure olive oil and put it on your skin. It's good for skin conditions such as eczema," says Jodie Selander, founder of PlacentaBenefits.info. Meanwhile, those who have tried the placenta facials offered in spas claim that the treatment hydrates skin, reduces sun damage and leaves skin glowing. Jennifer Lopez, is rumoured to be a big fan.

**HAIR CAPSULES:** It's packed with protein, which repairs damage from heat, colour and perms.

### NO

**PILLS:** You have to have a baby to try them. Once removed after the birth, the placenta is then cleaned, cooked, dehydrated and made into capsules that mothers are required to take daily or anytime they're feeling run down. So you're basically eating your after-birth, which is a skeezy thought. Plus, the medical world isn't sure about the results yet.

**FACIALS:** Did we mention that the placenta in those spa facials comes from sheep?

**HAIR CAPSULES:** The after-birth is taken from sheep, pigs and ox, which could make for a creepy thought the next time you're slathering on the hair treatment in the middle of your bath.

## PLACENTA PILLS, FACIALS AND HAIR CAPSULES

ROMINA MCGUINNESS  
MWN in London, U.K.

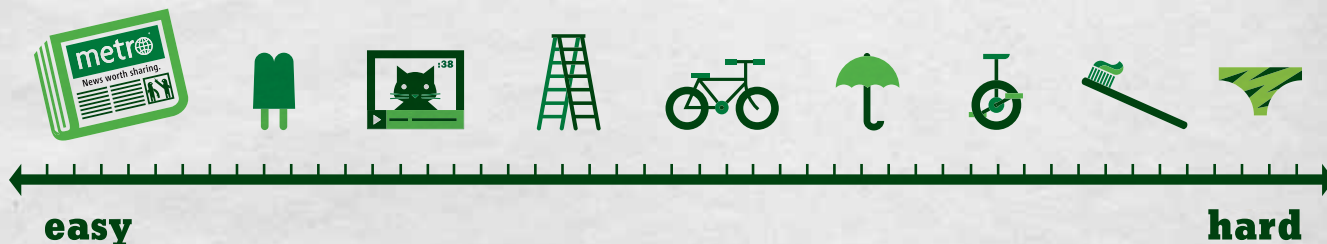
# 3 LIFE

## Girl power

### Girl Guides set to gain various skills

Chocolate and vanilla sandwich cookies are on the menu as Girl Guides head out on their semi-annual selling spree. Girl Guide Cookies is the largest "girl-run" business in the country, Girl Guides of Canada said in a release. Each year more than 70,000 Girl Guides, from five-year-old Sparks to 18-year-old Rangers, gain financial literacy and business skills from selling cookies. Last year, members sold more than 112 million cookies, or 5,345,652 million boxes. "Each box of cookies sold supports dynamic Girl Guide programs and activities that encourage girls to develop their leadership potential, use their talents and push their boundaries while fostering their self-esteem," the organization said. THE CANADIAN PRESS

# Sharability





# Hearty, healthy and light



This recipe serves six. THE ASSOCIATED PRESS H/O

## German Pork Stew.

You don't have to ruin your diet to enjoy a hearty meal

It's still cold out. You want something hearty. But you're also trying to eat better and don't want to ruin your diet with a cream-laden casserole.

A lean stew may be just the thing you need. Instead of being heavy, it's hearty with virtuous veggies, lean protein and

warm seasonings.

1. Cut tenderloin into slices 4 cm (1 1/2 inches) thick. In a bowl, toss sliced pork with olive oil.
2. Heat a large saucepan over medium-high. Add pork and brown, 2 to 3 minutes per side. It does not need to cook through. Add onion and leeks and continue to cook until vegetables soften and begin to brown, 5 to 6 minutes.
3. Add caraway seeds, fennel

seeds, celery seeds, mustard, black pepper, orange zest, orange juice and chicken broth. Bring to a boil, cover and reduce heat to maintain a simmer. Cook until pork is very tender, 15 to 20 minutes.

4. When pork is tender, use a slotted spoon to remove meat from liquid. Using 2 forks, shred pork to bite-size chunks, then return it to the pot. Add sweet potato, cabbage and celery. Continue to simmer until vegetables are tender, about 15 minutes.

### Ingredients

- 500 g (1 lb) pork tenderloin, trimmed of fat
- 5 ml (1 tsp) olive oil
- 1 medium yellow onion, diced
- 2 leeks, white parts only, sliced
- 10 ml (2 tsp) caraway seeds, crushed
- 5 ml (1 tsp) fennel seeds, crushed
- 1 ml (1/4 tsp) celery seeds
- 15 ml (1 tbsp) Dijon mustard
- 5 ml (1 tsp) ground black pepper
- Zest and juice of 1 orange
- 1 l (4 cups) low-sodium chicken broth
- 1 large sweet potato, peeled and diced
- 375 ml (1 1/2 cups) shredded cabbage
- 2 stalks celery, diced
- Salt, to taste
- 125 ml (1/2 cup) fat-free plain Greek-style yogurt
- 30 ml (2 tbsp) ketchup
- 30 ml (2 tbsp) sweet pickle relish
- Chopped fresh dill, to garnish

Season with salt.

5. In a small bowl, stir together yogurt, ketchup and relish. Serve stew topped with a dollop of the yogurt mixture and a sprinkling of fresh dill.

THE ASSOCIATED PRESS

### Healthy eating

## Choose it and lose it



ROSE REISMAN  
for more, visit  
rosereisman.com

Many people turn to Tim Hortons for a quick lunch, but the wrong choice can pack a real sodium punch. Here's what to watch for.

## Ham and Swiss Sandwich

370 calories / 11 g fat / 1,180 mg sodium

This classic sandwich consists of salt-filled smoked ham and Swiss cheese, which is the reason you're getting 3/4 of a day's worth of sodium. The ranch dressing also added increases the calories and fat.



## Equivalent

Equivalent to almost two boxes of Triscuit crackers in sodium.



## BBQ Chicken Wrap

190 calories / 4.5 g fat / 630 mg sodium

Grilled chicken with BBQ sauce gives you half the calories, fat and sodium.



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# Chipotle peppers add heat to Mexican pasta and pork

Pay no attention to the many shelves of faux salsas (blueberry-pineapple? Really?) and shove aside all those cans of low-fat, low-sodium, no-flavour refried beans.

For this week's under-appreciated ingredient, you will need to dig a bit deeper into your grocer's Hispanic section. Your goal? Mexico's gift to high-flavour cooking — chipotle peppers in adobo sauce.

Typically sold in 199-gram (7-ounce) cans, these not entirely attractive (truth is, they look a bit prune-like) peppers pack gobs of smoky, chocolaty, slightly sweet piquancy.

### Ingredients

- 340 g (12 oz) pappardelle pasta
- 7 ml (1/2 tbsp) olive oil
- 250 ml (1 cup) prepared barbecue sauce
- 1 canned chipotle pepper in adobo sauce
- 5 ml (1 tsp) adobo sauce
- 5 ml (1 tsp) lime juice
- 500 g (1 lb) boneless pork loin chops
- 15 ml (1 tbsp) canola oil
- 1 yellow onion, diced
- 1 red bell pepper, diced
- Sour cream
- Chopped fresh chives

This weeknight meal comes together and has a

## Chipotle Barbecue Porky Pappardelle



This recipe serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

kick of heat and smokiness from the chipotle pepper and adobo sauce.

1. In large pot of boiling salted water, cook pasta for about 10 minutes or until tender but firm. Drain well and return to pot, drizzle with olive oil, then toss and set aside.
2. Meanwhile, in a food processor, combine barbecue sauce, chipotle, adobo sauce and lime juice. Process until smooth. Add pork, then pulse until well chopped, but not ground.

Set aside.

3. In a large skillet over medium-high, heat canola oil. Add onion and pepper and sauté for 6 minutes. Add pork mixture and simmer for about 6 minutes or until pork is no longer pink inside and sauce thickens.
4. Serve pork over pasta. Top each serving with a dollop of sour cream and a sprinkle of chives.

THE ASSOCIATED PRESS/ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. VISIT, EMILYRICHARDSCOOK.CA)

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# Smaller power grid, surer power

**Go smarter, go smaller.** The future is now with the advent of microgrids that will replace aging infrastructure

**BEN KNIGHT**  
life@metronews.ca

One of the biggest problems facing our current electrical grid is its sheer size. Continent-spanning transmission grids require huge amounts of aging infrastructure, and waste eight per cent of all electrical power just moving it from one place to another.

The brilliant and imminent solution? Go smarter — and smaller.

"The whole idea of smart microgrids basically came to the fore when the utilities started looking at the possibility of overhauling their systems with new technologies and approaches," says Dr. Hassan Farhangi, director of the Group for Advanced Information Technologies at the British Columbia Institute of Technology (BCIT).

## Numbers

**67%**

Amount of energy wasted as heat when carbon-based fuel is converted into electricity at a conventional power plant.

"One of the most important aspects of microgrids is service surety. You have a level of reliability that is unprecedented."

A smart microgrid is small and self-contained. It can include its own generation capacity — solar or wind, most likely. While it is connected to the larger grid, it will — in the near future — be able to function on its own.

"BCIT has a large campus in Burnaby with over 60 buildings," Farhangi says. "For the last five years, we have worked to convert this campus into a smart microgrid. The skeleton of a smart microgrid is already operating on campus."

The work is still in progress. BCIT consumes six megawatts annually, and is presently producing less than one. But all the technology needed to take this forward already exists.

ward already exists.

"Microgrids are really a convergence of information technology, communications technology and power systems. These existing technologies need to be re-engineered and repurposed for application within a microgrid."

The potential savings are impressive. Farhangi notes that, in a conventional fossil-fuel generating plant, only 33 per cent of the available energy is actually converted into electricity. In a vastly smaller microgrid, this lost heat can be captured.

"Like any electrical system, microgrids are not immune from the well-known faults that you can have," he explains. "But the beauty of this is that any fault that happens is contained locally, and does not contribute to a domino-style of catastrophe across the entire system. If something happens, it's local and you deal with it locally."

For now, this is mostly in the future. But it's a future that will be arriving soon.

"Microgrids are up and coming," Farhangi says. "And investment across the country will be growing."



For more information on smaller power grids, check out [smart-microgrid.ca](http://smart-microgrid.ca). ISTOCK PHOTOS

## Queen of Green

**Something borrowed, something green**



**QUEEN OF GREEN**  
Lindsay Coulter  
[green@metronews.ca](mailto:green@metronews.ca)

**What can I do with my old wedding dress?**  
**Jackie of Vancouver**

Have you ever heard of upcycling? It's a form of recycling.

You take something that you might have otherwise thrown out and find a way to make it new again!

First, take your old dress and have it wet-cleaned — dry cleaning's greener cousin that doesn't use harsh chemical solvents.

Then find a seamstress to update the style.

A good seamstress can shorten or dye your dress after the big day so it can be worn again. If your dress is quite dated, perhaps there are only components that might be re-purposed, like the skirt or veil.

If your dress is from a

## Quote

**"Today's green brides can also choose from eco-friendly organic cotton, linen, vintage lace, or silk"**

more recent era, check out SmartBrideBoutique.com (@Smartbride on Twitter).

They consign dresses online, making it easy to find a home for your old dress or shop for a new one.

Today's green brides can also choose from eco-friend-

ly organic cotton, linen, vintage lace or silk.

And locally produced is best.

Dresses labelled Made in the U.S. or Europe may actually originate somewhere else.

They just get shipped to the claimed location for "finishing."

Look for a label sewn in. And choose eco-friendlier silks — they're less processed and rougher in texture.

Peace silks are often the most sustainable.

The moth leaves its cocoon and lives out the last

five days of its 70-day life cycle.

The silk is collected and woven on hand looms, mostly throughout northern India.

Many small villagers still harvest wild silks — often a natural golden colour.

Standard factory silk is the most processed of all of them.

Worms are hatched inside large warehouses and fed mulberry leaves.

Once the cocoons are complete — before the moths escape — they're boiled. This "natural fibre" never sees the light of day.



There are lots of options for dealing with your old wedding dress. ISTOCK PHOTOS

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# The joy of helping others

**Leon Keyes.** Devoted CNIB volunteer giving back to organization that was there for him

KELLY  
PUTTER  
For Metro

Leon Keyes might be legally blind but he sees things that few of us ever see.

As a devoted volunteer with the CNIB in Halifax, Keyes recognizes his involvement is about giving back to the organization that has given him the skills, confidence and opportunities to fully participate in life. Last year, CNIB provided rehabilitation services to 1,079 Nova Scotians with vision loss.

"I enjoy helping the organization because it's helped me," says the 53-year-old Halifax resident, who, for the past 12 years, has volunteered up to 1,300 hours each year. "CNIB certainly helped me when it came to accepting the fact that I'd lost my sight."

Born with aniridia, an uncommon sight impairment that affects the iris and is like looking through frosted glass, Keyes's vision loss has shaped his entire life. It caused him to lose his independence ear-



Leon Keyes is a valuable volunteer with the CNIB in Halifax. CONTRIBUTED

ly on in school when he wore "Coke-bottle" eyeglasses and had to sit at the front of the class. It also forced him to turn in his driver's licence as a young man, and it eventually cost him his job due to his failing sight.

Down, but never out, Keyes always found ways to outwit life's knocks. Today, he works in CNIB's Halifax store, selling products for the

visually impaired. He also donates his time to filling in on the reception desk when staff is absent.

"I'm the type who has got to be on the move," says Keyes, who hails from Lantz, N.S. "That's why I enjoy volunteering. It gives me something to look forward to and I enjoy meeting people."

A 2002 surgery allowed Keyes to enjoy the gift of

sight again in his right eye. The surgery was redone in 2009. Keyes expects he will head to Montreal sometime this year for the same operation on his left eye.

Organizations like CNIB depend heavily on volunteers like Keyes. The Halifax CNIB oversees volunteer co-ordination for three Maritime CNIB centres and boasts about 175 volunteers, 80 of which do-

## Seeking volunteers

The CNIB is always seeking volunteers, especially in the following areas:

- Client services, in which volunteers work directly with the blind and visually impaired, teaching them independent living and mobility skills or helping out in the CNIB shop.
- Fund development.
- Leadership, by volunteering as a director on the board or as a committee member.
- Public education, in which you speak to community groups about CNIB services.
- Administration, by answering phones, sorting and other office-related duties.



Share the joy of volunteering with your children.  
NEWS CANADA

## Make a positive impact on your child

Share the joy of spring by encouraging your children to get involved in their community. Helping people not only has a positive impact on your child, but also the lives of others in your community.

Here are some tips on how you and your family can help better your community:

### Plan a volunteer day

Pick an organization and plan a family volunteer day. Suggest serving food at a soup kitchen or planting flowers for the elderly.

Volunteering is a rewarding experience for all involved that will help your child realize that even one person can make the world of difference in your community.

### Clean a local park

We all wish for a brighter and cleaner future for our children, so why not let them play a part in shaping this change?

Pick a day to go to the nearest park or playground and organize a cleanup of the area. Bring a few bags to collect garbage and recycling — you might surprise yourself on how many cans you find.

### Support an organization that gives back

Some organizations are standouts. For example, click on the Kinder Facebook page and join the "A Joy to Share" program, which supports Children's Miracle Network and its 14 member hospitals across Canada.

You can help children like two-year-old Olivia, who suffers from a rare blood disorder called Pearson's Syndrome and receives special care from the Janeway Children's Health and Rehabilitation Centre in Newfoundland and Labrador.

NEWS CANADA

# Random acts of kindness

KELLY  
PUTTER  
For Metro

Volunteering is the glue that holds a community together.

And it can be argued that communities today are only as healthy as the scope and sophistication of their volunteer efforts.

Giving of your time and effort allows you to better connect with the people in your neighbourhood or community. Who knows? By volunteering at, say, the local humane society you have opened the door to building valuable friendships with like-minded animal lovers.

Volunteering is infectious as it fills others with a sense of generosity, goodwill and hope. When we see concerned citizens give of their time, effort and possessions, we become inspired and touched by their selfless good deeds. At the same time, when we see how difficult life is for those in need, we can't help but be thankful that our lives aren't as dire.

## Volunteer Week

- National Volunteer Week honours the 12.5 million volunteers who give of their time and energy in a multitude of areas that include, but are not limited to, community health, sports and recreation, heritage and arts, environmental causes, disaster relief and international development. The list is virtually endless.
- National Volunteer Week takes place from April 15-21. This year is the 68th annual event and as Canada's largest celebration of volunteerism, it's when registered charities, not-for-profit organizations and volunteer centres pause to thank and recognize their volunteers.

It's also a terrific builder of self-esteem, self-respect and confidence. Let's face it, philanthropy makes people feel good about themselves. Up the self-worth ante a



National Volunteer Week takes place from April 15-21. ISTOCKPHOTO/THINKSTOCK

little more if you are doing good work for a cause that's near and dear to you. As an environmental activist you might be the type to flourish during outdoor clean-ups. Or perhaps the fitness freak in you treasures running for a cure, no matter what the cause.

The act of giving is validating to both the giver and receiver. It shows us the world is generally a good place filled with humane people who care about friends, neigh-

bours and even strangers.

Volunteering can also help you build upon the skills and talents you already have. What better way to improve your abilities than by using them to benefit the greater community? As a professional who volunteers you raise awareness of your favourite cause or event, while developing, for example, your public speaking and marketing skills, which, in turn, helps your professional career. Also assisting your ca-

reer is the exposure you get as people come to know and recognize you as the advocate of your particular cause or event. That level of recognition can't be bought.

Whether you are selling raffle tickets for a draw, helping run a small agency as a board member or serving food to the needy, remember that your efforts not only serve to inspire you, but others as well. There's nothing like starting a rippling effect of kindness.





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Meaghers Grant  
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Oyster Pond  
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Middle Musquodoboit  
Wellington/Grand Lake  
Seabright  
Lakeside

Chezzetcook  
Sheet Harbour  
Mushaboom  
Upper Musquodoboit  
Fall River  
Black Point  
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Moser River  
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Harrietsfield/Sambro

For more information please check out [www.halifax.ca/fire/VolunteerFirefighting.html](http://www.halifax.ca/fire/VolunteerFirefighting.html)  
or visit your local fire station.



## 4

## SPORTS

## Quoted

"We're going to have to bring our best game if we want to win a hockey game against these guys. It's the beauty of the game. You have to play well and play hard if you want to win, and if you don't, you're not going to win. It should be a good lesson for us."

Quebec Remparts head coach Patrick Roy, on what his team needs to do to win Game 6 of the QMJHL quarter-final on Monday against the Halifax Mooseheads in Quebec City.

## Quoted

"I think we fooled a lot of people thinking it's going to be 7-5, lots of high scoring. Both teams are paying attention to detail really well and that's paid off for both teams."

Halifax Mooseheads forward Nathan MacKinnon on the fact that the QMJHL quarter-final against the Quebec Remparts hasn't been as high-scoring as many predicted.

## On the web

For coverage of Monday's Game 6, follow reporter Matthew Wuest live from Colisee Pepsi on Twitter via @metrofiles or visit his blog, The Q Files, at metronews.ca/qfiles



Mooseheads goaltender Zach Fucale rakes in a puck with Remparts forward Michael McNamee on his doorstep during QMJHL quarter-final action last week. RYAN TAPLIN/METRO HALIFAX

# Mooseheads heading to Quebec 'on a mission'

**Back in it.** Halifax a game away from tying quarter-final at three games apiece



**MATTHEW WUEST**

matthew.wuest@metronews.ca

What looked like a sure thing for the Quebec Remparts a week ago has turned into a desperate battle to fend off the charging Halifax Mooseheads.

The Mooseheads, who won their second straight game against the Remparts on Friday, have rallied from a 3-0 deficit in the QMJHL quarter-final and are within a game of tying the best-of-seven series at three apiece.

The series shifts to Quebec City for the final two games, if both are necessary, on Monday and Tuesday.

"We're going to have to stick together, just like we did when it was 0-3," said Mooseheads rookie goaltender Zach Fucale. "The job's not over. We're on a mission and we're going

there to give the best performance possible."

Every game in the series has been decided by one goal, excluding empty-netters. Although the Mooseheads trail the series, they've played with the lead more than four times as often as the Remparts and have been ahead going into the third period in four of five games.

But the Remparts are returning home to Colisee Pepsi, where they've won

27 of 38 games and beaten the Mooseheads in all three meetings this seasons.

It'll be a daunting task for the Mooseheads to win one game, let alone two, in a rink that hosts the biggest crowds in the Canadian Hockey League and drew more than 26,000 for Games 1 and 2.

"Every little play they go a little bit crazy," Mooseheads forward Nathan MacKinnon said of playing in the Remparts' rink.

## Statistical advantage

- The Mooseheads have led for 129:22 seconds through 306:02 of series play, roughly 42 per cent of the game action. The Remparts, meanwhile, have led for just 30:10, less than 10 per cent of game action.
- The Remparts lead most other statistical categories tracked by the QMJHL: shots (149-130), dangerous shots (67-58), hits (65-64) and faceoffs

won (159-147). Both power plays are hovering in the same vicinity, Halifax's six-for-27 and Quebec's four-for-19.

- Mooseheads winger Brad Cuzner practised Sunday but remains day-to-day with what the team is calling an "upper-body injury." He was hit from behind in the first period of Game 3 and hasn't played since.

"No matter how close to the net or (if it's) not even a dangerous shot, they go wild after every little thing. It can make it seem panicked, or make teams think they're dominating us when they're not really. That's how it goes there sometimes."

The Remparts are hoping to plant a seed of doubt in the Mooseheads' minds by getting the first goal on Monday night, something they haven't done all series.

"Our fans are going to be excited about that game and we need to get some momentum from that and have a good start," said Remparts head coach Patrick Roy.

"We score the first goal and it could make them nervous."

But the Mooseheads are playing with confidence and there's a legitimate belief in their room that a comeback from a 3-0 deficit — only accomplished three times in QMJHL history — is possible.

"We're going to Quebec with momentum and we're going to give it all we've got the next two games," MacKinnon said.

## QMJHL playoffs

### Game 7s needed in two series

There will be at least two Game 7s in the QMJHL quarter-finals.

The Chicoutimi Saguenens and Rimouski Oceanic both avoided elimination on Sunday to force deciding games, as the Saguenens blanked the Shawinigan Cataractes 2-0 and the Oceanic edged the Blainville-Boisbriand Armada 3-2.

Both series are tied 3-3, with Game 7 in each set for Tuesday at 8 p.m.

The Cataractes, who are hosting the Memorial Cup next month, finished 18 points ahead of the Saguenens in the QMJHL standings, while just four points separated the Armada and Oceanic.

Only the Saint John Sea Dogs have qualified for the semifinals. They completed a 4-0 sweep of the Baie-Comeau Drakkar last week.

**METRO**



NHL

## Weber silences Red Wings faithful

Shea Weber knew he wouldn't be popular in the Motor City.

The star defenceman didn't really care, he just wanted to win.

Weber turned boos into silence with a goal early in the first period and the Nashville Predators held on to beat the Detroit Red Wings 3-2 Sunday to take a 2-1 lead in the first-round series.

"I guess we're more focused on the game," he said.

Weber was jeered every time he touched the puck for smashing Henrik Zetterberg's face into glass at the end of Game 1.

"We talk about great players when there's a little bit of controversy stepping up," Nashville coach Barry Trotz said. "When he came to the rink, he knew he wasn't going to be the most likable player in the arena."

Weber's goal snapped Nashville's 0-for-12 streak on the power play against the Red Wings.

THE ASSOCIATED PRESS

NHL

## Florida finally gets taste of playoff success

Stephen Weiss scored the first two playoff goals of his 10-year NHL career, Jose Theodore stopped 23 shots and the Florida Panthers got their first playoff victory in nearly 15 years, beating the New Jersey Devils 4-2 on Sunday night to even the first-round series at a game apiece.

Marcel Goc had a goal and an assist for the Panthers, who survived a frantic Devils rally in the third. THE ASSOCIATED PRESS



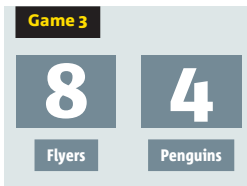
Penguins captain, and Cole Harbour native, Sidney Crosby squares off with Kimmo Timonen in Philadelphia on Sunday. BRUCE BENNETT/GETTY IMAGES

# Flyers grab Pens by scruff of the neck

**NHL.** Briere, Read, Talbot each score twice as Philly puts Pittsburgh on brink of elimination

Fists were flying faster than shots on goal. Sidney Crosby and Claude Giroux even became knotted in the pushing and shoving, a pair of stars willing to mix it up to prove which team was the baddest on the ice and the scoreboard.

The Penguins and Flyers talked trash, laid the smack down, and played one wildly entertaining game but the result was the same. The Flyers rallied from another early deficit for a Game 3 win that put them on the brink of a sweep.



Danny Briere, Matt Read and Max Talbot each scored twice to lead Philadelphia to an 8-4 win over Pittsburgh on Sunday.

Giroux and Wayne Simmonds also scored to help the Flyers take a 3-0 lead in the combustible best-of-seven series. Game 4 is Wednesday in Philadelphia. The Flyers scored 20 goals in the first three games.

"Our goal is to finish it right away," Briere said.

Quoted

"You can make a story all you want about us getting frustrated. They're doing the same things we are. It's intense."

Penguins captain Sidney Crosby, insisting his team isn't getting rattled in the physical series.

The goals might be hard to find on a highlight reel. Three players were tossed in the first period. There was a rare fight between superstars when Crosby squared off against Giroux.

No one got the better end of that scrap. But by the end, Flyers fans serenaded the Penguins with chants of "you can't beat us!"

"All three games were kind of weird games," Giroux said. "I guess I like weird games because we always finish by win-

ning."

Jordan Staal and James Neal scored twice for the Penguins. Marc-Andre Fleury was benched after allowing six goals in two periods. He has allowed a whopping 17 goals through Game 3. Coach Dan Bylsma said Fleury would start, "the next four games."

Hard to imagine at this rate, especially with NHL scoring leader Evgeni Malkin yet to score a goal for the Penguins.

THE ASSOCIATED PRESS

NHL

## Blues turn to Elliot with Halak ailing after collision

Star goalie Jaroslav Halak will miss Game 3 of the St. Louis Blues first-round series against the San Jose Sharks because of a lower-body injury.

Coach Ken Hitchcock ruled Halak out of Monday night's game in San Jose because of the hard hit he took from teammate Barret Jackman in the second period Saturday night in a St. Louis' 3-0 win that tied the series at a game apiece.

THE ASSOCIATED PRESS



Jaroslav Halak is tended to by a Blues trainer on Saturday.

CHRIS LEE/ST. LOUIS POST-DISPATCH/THE ASSOCIATED PRESS

NBA

## Heat handle Knicks in Big Apple

The Miami Heat finally came to Madison Square Garden, a sea of orange surrounding them in what looked like a playoff game.

LeBron James had 29 points and 10 rebounds, Dwyane Wade added 28 points and nine boards, and the Heat overcame Carmelo Anthony's 42 points to beat the New York Knicks 93-85 on Sunday to clinch the Southeast Division title.

The Heat's lone game in New York came with the compressed regular season coming to a close — and with a chance they'll be back to face the Knicks for the playoffs soon.

THE ASSOCIATED PRESS

MLB

## Rays can't find a win at Fenway

The Tampa Bay Rays are back to finding things difficult in Fenway Park.

For the third straight day, Boston's lineup proved too tough for Tampa Bay's starter and the Rays lost to the Red Sox 6-4 Sunday.

"It's hard to take anything away from them, they're swinging the bats well," said Rays first baseman Carlos Pena. "You have to tip your hat to them."

Starter Matt Moore (0-1) gave up six runs on eight hits in 6 1/3 innings. He was tied 4-4 in the sixth before David Ortiz pushed Boston ahead for good with an RBI double. THE ASSOCIATED PRESS

# Jays' Drabek 'real happy' with early results



Kyle Drabek works against Baltimore in Toronto on Sunday.

CHRIS YOUNG/THE CANADIAN PRESS

Toronto Blue Jays right-hander Kyle Drabek no longer pitches with the mentality of a middle linebaker.

The 24-year-old allowed six hits, one walk and two runs, one earned, over 7 1/3 innings, the longest of his 19 major-league starts in a 9-2 win over the Baltimore Orioles Sunday.

"I had to try and change up to quarterback and think more and make the right decisions," said Drabek.

Drabek, who was a receiver when he played football, also worked on his pitching mechanics during spring training.

And that might be the biggest change in him this year.

Sunday's game



He has now won two straight starts for the first time in his MLB career and lowered his earned-run average to 1.42.

"When he pitched more like a middle linebaker that intensity worked against him," said Blue Jays manager John Farrell. "You see frustration from him every now and then but he has

the wherewithal to step back, regroup and kind of release some of that tension."

Drabek used his two-seam fastball, curveball and change-up to keep the Orioles at bay.

"Last year I changed up my mechanics four or five times," Drabek said. "When I came to spring training they found the one they wanted me to try that was kind of easy. It was hard at first but I'm real happy with where it's at right now."

Brett Lawrie of Langley, B.C., had a solo home run and drove in three runs as Toronto (5-4) salvaged one win from its three-game series with Baltimore.

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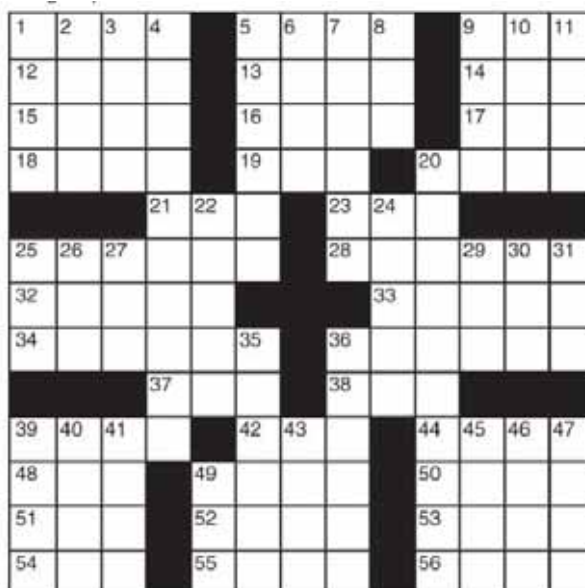
### Across

- 1 Tobacco plug
- 5 Pumps up the volume
- 9 DIY buy
- 12 Stereo hookup
- 13 Gambling game
- 14 Account acronym
- 15 Astronaut Shepard
- 16 Dingy
- 17 Victory
- 18 "L'Etoile du —" (Minnesota motto)
- 19 Attention getter
- 20 Carlton of baseball
- 21 Afternoon affair
- 23 Ostrich's cousin
- 25 Investor's hope
- 28 Arouse bitterness
- 32 Expiate
- 33 Norma Rae's group
- 34 From that place
- 36 Boulevard
- 37 Greek H
- 38 Moray
- 39 Earth
- 42 Paving material
- 44 Food starch, for short
- 48 Possess
- 49 Grand-scale
- 50 Pavarotti offering
- 51 3 on the phone
- 52 Part of Q.E.D.

- 53 Benevolent
- 54 Big bother
- 55 Phoenician port city
- 56 Advantage

### Down

- 1 Earl Derr Biggers sleuth
- 2 Hawaiian city
- 3 Distant
- 4 Air-flow channel
- 5 Hound type
- 6 Stallion's companion
- 7 Orison
- 8 Sauce source
- 9 Fuzzy fruit
- 10 Eye part
- 11 Cistern
- 20 Batter treat
- 22 Upright
- 24 Shade of purple
- 25 Snitch
- 26 Biblical verb suffix
- 27 Pirouette pivot
- 29 Reunion group
- 30 Costello or Ferrigno
- 31 Away from WSW
- 35 Diner
- 36 Make bubbly
- 39 Six-pack, often
- 40 Yet to be paid



- 41 Data
- 43 Culture medium
- 45 Saharan

- 46 Pugilism venue
- 47 Commanded
- 49 Encountered

## Sudoku



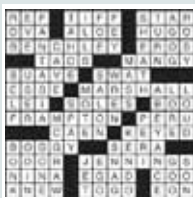
### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's Sudoku

7	0	9	3	1	4	6	5	2
3	1	2	9	5	8	7	4	6
8	5	4	2	6	7	1	9	3
5	2	8	1	7	6	9	3	4
1	4	6	5	3	9	2	8	7
9	7	3	8	4	2	6	1	5
2	3	5	7	9	1	4	6	8
4	6	1	6	2	3	5	7	9
6	9	7	4	8	5	3	2	1

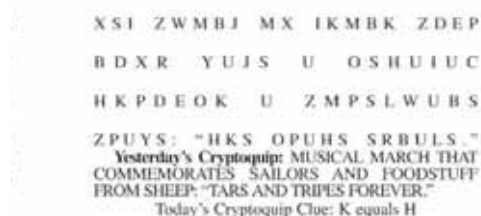
### Yesterday's Crossword



### Cryptoquip

### How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.



For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**Today**

16°/8°  
Partly cloudy

**Tuesday**

16°/6°  
Partly cloudy

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## Horoscope

**♈ Aries | March 21 - April 20.**  
You will be remarkably fired up this week. Both in your personal life and in your work you will be energetic and enthusiastic.

**♉ Taurus | April 21 - May 21.**  
You favor routines and methods you feel comfortable with but you will need to be a bit more adventurous over the next few days.

**♊ Gemini | May 22 - June 20.**  
This should be a really fun time for you, especially if you are ready to take a few risks in your private life.

**♋ Cancer | June 21 - July 22.**  
No one works harder than you, but are you working for yourself or are you working for other people?

**♌ Leo | July 23 - Aug. 22.**  
You enjoy taking risks, it gives you a buzz, and with mind planet Mercury moving in your favor today you will be looking round for new ways to push the envelope.

**♍ Virgo | Aug. 23 - Sept. 22.**  
You need to be a bit more assertive when dealing with family issues and financial matters.

**♎ Libra | Sept. 23 - Oct. 22.**  
Anyone who annoys you this coming week is likely to find themselves on the receiving end of a tongue-lashing.

**♏ Scorpio | Oct. 23 - Nov. 21.**  
If you see an opportunity today you must seize it immediately.

**♐ Sagittarius | Nov. 22 - Dec. 21.**  
You're in a dynamic mood at the moment and you really don't care whose toes you tread on.

**♑ Capricorn | Dec. 22 - Jan. 20.**  
Something unexpected will happen today, something you did not plan for.

**♒ Aquarius | Jan. 21 - Feb. 18.**  
Don't let anyone persuade you to abandon the path you have chosen to take.

**♓ Pisces | Feb. 19 - March 20.**  
You are very much on the ball at the moment and determined to make every minute count.

**SALLY BROMPTON**



## Caption Contest

"Whoa i gotta get my eyes checked! There's no way i should have missed that one!"  
Brian


GREGORY BULL/THE ASSOCIATED PRESS

### Win!



### You write it!

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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**ENDS  
APRIL 30<sup>th</sup>**

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